

# L • u • n • c • h (10AM to 2PM)

*Our food is made to order from fresh ingredients subject to availability*

*All lunches served with choice of Soup, Salad or Chips.*

## **Turkey & Avocado Deli Sandwich 9.25**

Provolone, tomato, & sprouts on sourdough

## **Hummus Wrap 8.25**

Our own hummus, greens carrots, sprouts, tomato, cucumber and Feta...check daily specials!

## **Asiago or Tarragon Chicken Salad 8.50**

Served as a salad, sandwich on multigrain bread or as a wrap

## **Quiche of the Day 7.95**

Several to choose from...daily selections!

## **Ham/Cheddar or Turkey/Provolone Wrap 8.25**

With greens, carrots and herb mayo

## **Hot Ham & Baby Swiss Sandwich 8.50**

On Marble Rye with Honey Dijon Mustard

## **Turkey or Ham with Cheddar 9.25**

## **& Apple Deli Sandwich**

On cranberry-walnut bread with Honey Dijon

## **Toasted Three-Cheese Sandwich 8.00**

On sourdough with herb mayo

## **Soup & Salad Combo 6.95**

Our homemade soup served with a side salad

## **Daily 1/2 Sandwich Combo 6.95**

Lunch sides and Cook's Choice ½ Sandwich of the Day.

## **BLT (Add avocado for .75) 8.50**

Served on Sourdough with herb mayo

## **Entrée Salad 7.25 Add Turkey or Ham for 1.25**

Served with fresh greens and veggies.

## **Yogurt Parfait 5.75**

Fresh seasonal fruit with gluten free granola and yogurt

## **Bagel w/ Cream Cheese or Peanut Butter 2.75**

Plain, Wheat, Everything, Cinnamon Raisin or Cranberry

## **Kid's Peanut Butter and Jelly or Toasted Cheddar Cheese Sandwich with Fruit Snacks 4.25**



Additional soup or salad 3.60

Salad dressings: Balsamic Vinaigrette, Raspberry Vinaigrette, Creamy Caesar, French, Ranch, Thousand Island or Italian